

# Bulletin #13

November 9, 2023

### **Important Dates**

Friday, November 10 - Veterans Day Observed - No School

Tuesday, November 14 - 3rd Grade Waterworks Field Trip - 8:00am - 1:00pm

Tuesday, November 21 - Thanksgiving Feast - 1:15pm - 2:45pm

Wednesday, November 22 - Thanksgiving Break Begins

Monday, November 27 - School Resumes

Wednesday, November 29 - Board of Trustees Meeting - 5:30pm

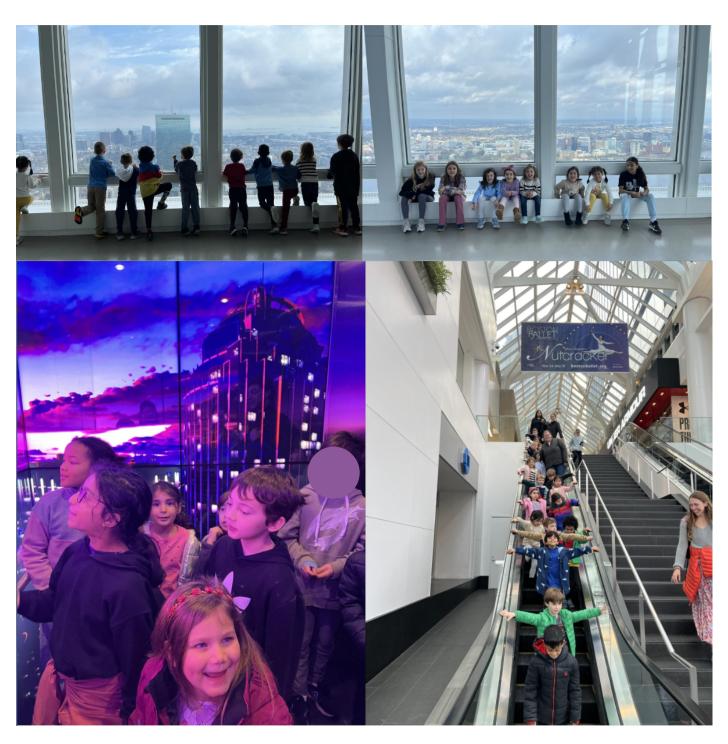
## Thanksgiving at The LP

We're looking forward to the familiar scents filling up our school building during the week of Thanksgiving, celebrating what each of us is grateful for and coming together as a community. For those who are new to the school this year, some background: Each year, The LP holds its Thanksgiving Feast the day before Thanksgiving Break — it's a day when Pencil Pal classes and kindergarteners come together in the Ballroom to enjoy a meal as a school family. They exchange handmade cards, sing together, then sit down to a delectable feast — this year, we will serve turkey or vegetarian soup, cornbread, apple crisp and cranberry sauce. Perhaps the most important part, however, is the fact that each item on their plate has been prepared and cooked by a different grade level, so it is truly a community effort. The event is for children and staff only (but photos will be shared!), and will be held on the afternoon of Tuesday, November 21st. Staff will reach out to parents of children with allergies to ensure that we have allergy-friendly alternatives.

At this time of year, we speak to the children about the importance and the power of gratitude. 'Practicing gratitude,' or expressing gratitude aloud, reflecting on what we are thankful for, and putting that gratitude into action, has shown to have immeasurable benefits to the body and mind. It fosters a more positive attitude, helps to build stronger social connections, generates the feelings of fulfillment and happiness, and some studies have shown that it actually helps us to live longer! But no matter what the science says, we have always known that practicing gratitude is a healthy habit for children to develop, and I'm including <a href="here">here</a> a 21-Day Gratitude Challenge from <a href="here">Big Life Journal</a> in case you would like to complete it with your child.

## A Bird's Eye View

As part of the school's City Study program, kindergarten learns about what cities are and how they function. They examine their surroundings, discover what exists below city streets, and even what is above them! Fourth grade studies the built environment, learning about landmarks, architecture and design, and how this all ties into sustainability. This week, the two classes took a joint trip to the new View Boston on the 52nd floor of the Prudential Center where they got a 360-degree view of the city they call home, engaged with the virtual displays and had the opportunity to see the impressive 3D map of Boston. Big thanks to View Boston for partnering with The LP, and for providing this wonderful opportunity for our students!



### **Announcements**

#### **Rent-A-Rainbows**

With the holidays fast approaching, please keep the 6th grade "Rainbows" in mind for any tasks you might need help with. As a reminder, the funds that the Rainbows receive go towards funding their trip to D.C. in the spring. Some examples of the help they can provide are:

- Providing care for children at the playground for an hour or so
- Cat or Dog sitting
- Plant care in your absence
- Addressing/stamping holiday cards
- · Yard clean up
- · Snow shoveling

# **Advisory Hike**

Our 6th graders and their Advisors had a beautiful (albeit chilly) day at Blue Hills on Monday, as part of the annual Advisory Hike.



## **Artists of the Week**

#### **Atmospheric Perspective Landscapes**

Fourth graders created paintings with depth using tempera paints and a knowledge of atmospheric perspective. Fourth graders mixed custom tints and shades to create artworks that showed depth and creativity.





